Canopy Center Annual Report 2023

 CASA of Dane & Columbia Counties
Oasis Mental Health Clinic

Parent to Child

WWW.CANOPYCENTER.ORG

About

Canopy Center

In 1977, a young mother who had experienced abuse as a child noticed the impact her past trauma was having on her own parenting. This led her to start a parent support group in Madison, and Canopy Center was born. Today, Canopy Center serves hundreds of families annually, providing advocacy, trauma-informed therapy, and support to children and families affected by abuse or neglect. We are proud to offer vital, supportive services, with the vast majority provided at no cost to clients.

OUR MISSION

Our mission is to help strengthen families and support children, teens and adults impacted by trauma and adversity.

OUR PHILOSOPHY & BELIEFS

- Every person has worth, dignity and potential for growth.
- Every person is unique and deserves to have a voice in identifying and addressing their needs.
- Every person needs positive social connections to fully develop their sense of self and community.

NON-DISCRIMINATION POLICY

Canopy Center is dedicated to fostering an equitable and diverse environment for staff, volunteers, clients and prospective clients. We celebrate individuality, intersectionality, and all identities, providing services without discrimination based on gender, gender identity or expression, race, ethnicity, color, religion, sexual orientation, national origin, disability, physical appearance, or political beliefs.

A letter from our

Executive Director

Reflecting on the past year at Canopy Center, I am filled with gratitude for the progress we have made and the impact we continue to have on the lives of children and families in our community. This has been a year of growth, celebration and opportunities to deepen our mission.

A major accomplishment was the certification of our Oasis sexual abuse treatment program as a licensed mental health clinic. This marks a pivotal step forward in our capacity to provide trauma-informed services to children and families in need.

We were also fortunate to receive a generous grant in the amount of \$508,000 from Humorology - an annual, student-run music variety show and fundraiser through the University of Wisconsin-Madison. This one-time grant provides security as we prepare for cuts, foreshadowed by the DOJ, to federal support for victim-serving organizations; and ensures that we can continue to provide vital support to the community.

Additionally, we celebrated the one-year anniversary of the Dane & Columbia County Court Appointed Special Adovacates (CASA) programs. Over the past year, we have seen the benefits of this merger: more children receiving consistent, quality advocacy; and more volunteers stepping up to make a difference in the lives of children in both counties.

These accomplishments wouldn't have been possible without the support of our volunteers, donors and community partners. Your belief in our mission, dedication to our cause and unwavering support has allowed us to continue to serve as a beacon of hope and healing.

As we look ahead, we are excited to build on this year's successes. Together, we will continue to grow, adapt, and create a stronger, more resilient community. Thank you for being part of this journey.

With gratitude,

MEAGHAN HENRY Executive Director

2023 Numbers



348 CLIENTS SERVED



VOLUNTEER HOURS

4,413 SERVICE HOURS

\$756,93**2**

IN DONATIONS





DANE & COLUMBIA COUNTIES

WHAT IS CASA (COURT APPOINTED SPECIAL ADVOCATES)

CASA is a nationwide organization that was established by a juvenile judge who recognized the value of trained community volunteers in providing support for children and preparing reports for the court that would enhance a judge's ability to make informed decisions in juvenile cases. In Wisconsin, CASA is included in the State Statute under Chapter 48, which permits judges to appoint a volunteer advocate in counties with a CASA program. Currently, the Wisconsin CASA network operates 10 programs that serve 13 of the state's 72 counties.



THE WORK OF A VOLUNTEER ADVOCATE

Volunteer advocates visit their assigned child(ren) weekly, often playing card games or building Lego creations. They also connect with schools, caregivers, therapists and other supports in the child(ren)'s life. Every 6-8 weeks the advocate writes a report to the court, updating the Judge on how the child is doing and if there are any ongoing concerns or needs for services.

Sometimes, the work of an advocate is ensuring a child finds a safe and stable home. For one CASA, this meant advocating during mediation for their youth to reunite with family after years of instability. Today, the youth is thriving, surrounded by the love and support of their family.



Sexual Abuse Treatment Program & Mental Health Clinic

The Oasis Program supports healthy functioning of families who have been affected by child sexual abuse through individual, family and group therapy. Oasis therapists help children and nonoffending parents and caregivers reduce the short and long-term effects of sexual abuse, using evidence-based, trauma-informed practices to aid in the development of coping skills. In 2023, Oasis served 131 clients through 2,492 hours of service.

SUPPORTING HEALING

Whether clients are served individually or in a group setting, treatment goals are similar. The program tracks improvement in proactive behaviors and self-esteem, as well as reduction in self-blame and trauma symptoms. Parents and caregivers have also reported increased knowledge on the impact of sexual abuse, and receive support on healthy parenting practices.



Oasis becomes certified Mental Health Clinic September 2023

WHAT IT MEANS TO BE TRAUMA-INFORMED

Trauma-informed care can't be summarized in a word, it is a holistic approach that actively seeks to understand and avoid possible triggers for those with trauma histories. A trauma-informed approach recognizes a person's life experiences may have been unjust, unfair, and/or left them feeling unsafe.

At Canopy Center, we go the extra mile to ensure our space is a safe and comfortable environment to heal. We acknowledge the barriers trauma survivors may face and provide assistance, when possible. This could look like gas cards or a cab service so clients can make it to appointments; snacks and refrenshments when they arrive; or a grocery store gift card so families can prioritize healing.

Parent to Child (P2C) Supervised Visitation

Parent to Child (P2C) provides supervised visitation for families. This program allows parents and children to maintain and strengthen their relationships, during difficult times. Developed in 2015, in partnership with Dane County Department of Human Services, the purpose of P2C is to provide safe, supervised visitation for children in the child welfare system and their parents/caregivers, on nights and weekends. These are valuable times during the week for families to spend time together. In 2019, Parent to Child expanded and began offering this service to the community through private pay.



Family Interaction Specialist Training August 2023

Since its inception, we have been able to offer visits at our agency (play areas for all ages, a kitchen, etc.), in the community and in clients' homes when deemed appropriate. For visits that occur at our offices, we also have outdoor space for playing with chalk, tossing a ball, or sledding!

The program infuses principles from the Nurturing Parenting Program into service delivery to build positive parenting skills and improve connection.



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Volynteers

We couldn't do this work without the many amazing volunteers who support Canopy Center's programs each year. Because we provide services 14 hours a day, every single day of the year, we rely heavily on these volunteers to advocate for children, support safe family interactions, provide child care, help with special events and assist in the office. We are so grateful to each and every person who has volunteered with Canopy Center this year.

Alexandra Martin Alice Ripberger Allison Fonseca Allison Wold Alma Rangel Alyssa Wolf Amanda Captain Amanda Colborn Amberlee Webster Amy Alt Amy Annen Amy Sandow Andrea Christofferson Andrea Patino Autumn Chinoy Avery Trohkimoinen Blair Sylskar Brooke Baumgartner Bryce Baker **Charles Chang** Cheryl DeGarmo **Christopher Summers** Clara Cownie **Clarice Danen** Danielle King **Delaney Hopkins** Devmini Jayatilaka Diana Chen

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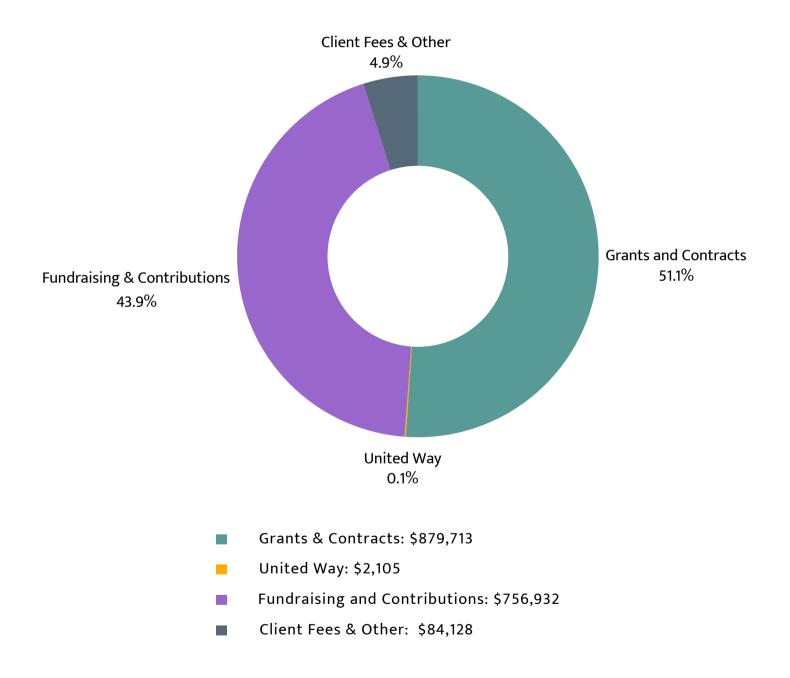
Ajay Rao Massage Anthology **Anytime Fitness Argus BarGrille** Bad Dog Frida Banzo Bartaco **Basecamp Fitness** Beef Butter BBO Benvenuto's Best Western Plus Inn Tower Madison Blackhawk Country Club **Bloom Bake Shop Bonefish Grill Boulders Climbing Gym** Buck & Honey's Burn Boot Camp Cave of the Mounds Chocolate Shoppe Ice Cream Circus World Museum **Civic Media Comedy Club** Comedy Sportz Theatre **Concept Attractions** Creek Bed Country Farmacy Curry in the Box D&S Bait, Tackle, and Fly Shop **Diane Boles** Diventures Dotty Dumpling's Dowry **Enchanted Farms** Epic **Escapade Salon**

Escape Artistry Estacion Inka Float Madison Fontana Sports Forward Madison FC Fred Astaire Dance Studio **FreshFin Poke Madison** Gail Ambrosius Chocolatier Glass Nickel Pizza Goodman Jewelers Harbor Athletic Club Harbor Shores Lake Geneva Hupy and Abraham I'm Board Games lan's Pizza Ideal Builders Incredible Bank Jobs that Help Kendra Scott Keva Sport Center **Kicks Unlimited Kneaded Relief** Kwik Trip L & L Exhibition Management Lake Geneva Cruise Line Legacy Academy Lone Girl Brewing Company Longtable Beer Cafe Lucille Lucky Dog Daycare Lush MadCity Music Madison Ballet Madison Capitols Hockey Madison Mallards ммоса Madison Radicals

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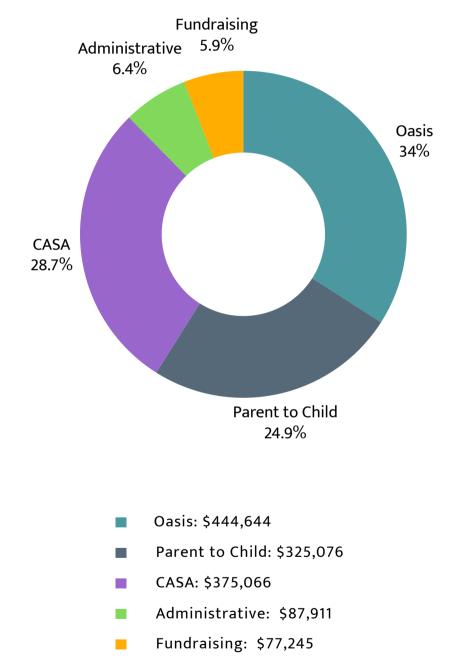


SUPPORT AND REVENUE





EXPENSES



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> 2445 Darwin Road, Suite 15 Madison, WI 53704 (608) 241-4888 info@canopycenter.org